JULY

1/7/17	8/7/17	15/7/17	22/8/17	29/7/17
NO WORKSHOP	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00

AUGUST

5/8/17	12/8/17	19/8/17	26/8/17	
ADULT WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	NO WORKSHOP	NO WORKSHOP	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	

SEPTEMBER

2/9/17	9/9/17	16/9/17	23/9/17	30/9/17
ADULT WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00

OCTOBER

7/10/17	14/10/17	21/10/17	28/10/17	
ADULT WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	

NOVEMBER

4/11/17	11/11/17	18/11/17	25/11/17	
ADULT WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	

DECEMBER

2/12/17	9/12/17	16/12/17	23/12/17	30/12/17
ADULT WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	**ADULT** WORKSHOP 09:30 - 12:30 **HOUR 1** 09:30 - 10:30 WARM UP - BASICS, KATA, DRILLS **HOUR 2** 10:30 - 11:30 WARM UP PLUS PRACTICE OF PIECES **HOUR 3** 11:30 - 12:30 PLAY REHEARSED PIECES IN FULL Colwell Art Centre £5.00 £5.00 £5.00	NO WORKSHOP